

About Us

We provide high-quality preschool, early childhood education, and wraparound services at no cost to eligible children from birth to age five, pregnant women, and their families.

Who is Eligible?

- ✓ CalFresh/SNAP Recipients
- ✓ CalWORKs/TANF Recipients
- ✓ SSI Recipients
- ✓ Foster/Kinship Families
- ✓ Families Experiencing Homelessness
- ✓ Low-Income Families



Our Services



Wraparound Services

Wraparound services cover family engagement, parenting education, child developmental screenings, behavioral health, referrals, and more.



In-Person & Home-Based Learning

Learning options available through in-person classroom environments or weekly home-based visits with a home-based visitor.



Free Meals Provided

Healthy, balanced meals and snacks that promote wellness, enhance development, and provides nutritional needs.



Scan and Apply!

ECS Head Start Locations

Imperial Beach

Hammond Head Start

Lic # 376600763/535

455 Palm Avenue, Imperial Beach CA 91932
(619) 575-4448

VIP Village Head Start (Collaborative SBUSD)

Lic # 370806459

1001 Fern Avenue, Imperial Beach CA 91932
(619) 628-8690 EXT 88697

San Ysidro

Nicoloff Head Start

(Collaborative SBUSD)

Lic # 376700719

1777 Howard Avenue, San Ysidro CA 92173
(619) 428-7084

San Ysidro Head Start

Lic # 370806482

249 Willow Road, San Ysidro CA 92173
(619) 428-6614

San Ysidro CDC Head Start (Collaborative SYSD)

Lic # 370806419

1880 Smythe Avenue, San Ysidro CA 92173
(619) 428-2352

Sunset Head Start

(Collaborative SYSD)

Lic # 37080641

3825 Sunset Lane, San Ysidro CA 92173
(619) 428-2352 EXT. 3675

Chula Vista

4th and D

Lic # 376700787

385 D Street, Chula Vista CA 91910
(619) 591-9136

Castle Park Head Start

Lic # 376600867/898

1375 Third Avenue, Chula Vista CA 91911
(619) 409-4200

Palomar Head Start

Lic # 376700915

1320 4th Avenue, Chula Vista CA 91911
(619) 427-6092

St. Johns Head Start

Lic # 370806419

760 1st Avenue, Chula Vista CA 91910
(619) 869-8983

San Diego

Montgomery Head Start

Lic #376600887/888

3240 Palm Avenue, San Diego CA 92154
(619) 424-4027

Reo Head Start

Lic # 376701161

2602 Reo Drive, San Diego CA 92139
(619) 434-3709

Zamorano Head Start

Lic # 376700462

7375 Tooma Street, San Diego CA 92139
(619) 434-5780

National City

Boys & Girls Head Start

Lic # 376701117

1430 D Avenue, National City CA 91950
(619) 292-2550

Highland Head Start

Lic # 376600251

2605 Highland Avenue, National City CA
91950
(619) 477-8083

Harbison Head Start

Lic # 376600375/413

1540 S. Harbison Avenue, National City CA
91950
(619) 475-1765

St. Matthews

Lic # 376701546

521 E. 8th Street National City, CA 91950
(619) 512-9886

Other Programs

Home Based Programs

Weekly visits led by a Home Based Visitor working with you as a parent/guardian to help prepare your child for their next educational step.

Apply at any center or
online at ecsheadstart.org

Early Head Start Home Based

Pregnant women and children 0-2 years

Head Start Home Based

Children 3-5 years

What do I need?

- ✓ Child's proof of age (birth certificate, court documents, foster documents etc.)
- ✓ Proof of income (Select from the following)
 - Proof of CalFresh/SNAP (EBT), CalWORKS/TANF, or SSI
 - Unemployment documents
 - Self declarations available for informal employment
 - 30 days of consecutive check stubs
 - Previous years' taxes or W-2s
- ✓ Immunization records
- ✓ Individual Education Plan (IEP) or Individualized Family Service Plan (IFSP) *if applicable